



You Are My Disciples

A Guided Journey for Confirmands and Mentors

7th Grade Year

Name: _____

Bethel Lutheran Church
July 2008

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Expectations of Mentors

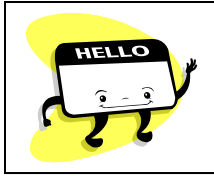
- *Attend future mentor meetings at the church (beginning of school year-3 Mentor events during 9th grade year)
- *Meet with student at least 2 times during their 7th grade year to complete the 2 modules.
- *Be the adult in the relationship – if you have not heard from the student, check in with them.
- *Research for the Baptism Module.
- *Realize that the student has picked you as an important, trusted and admired Christian adult. Please, take that seriously. If you can, attend their extra-curricular events at school, write them a letter or postcard to encourage them (7th grade is not an easy time), take them out for ice cream, pray for them.

Expectations of Students

- *Ask a trusted and admired Christian adult (not a relative) to be your mentor by December 31. (If you need help please ask the pastors or the confirmation coordinator to assist you.)
- *Meet with your mentor at least 2 times during your 7th grade year to complete the 2 modules.
- *Call to set up the 2 times to meet.
- *Research for the Baptism Module.
- *Realize that your mentor may be unsure how to be comfortable with a Jr. High youth. Greet them when you see them, smile and wave. Keep your mentor in your prayers. Pray for them.
- * Return your completed mentor booklets to the pastors – by April 30.

Projects to be thinking about...

- | | |
|----------------------|---|
| The Beginning | Ask a trusted and admired Christian adult to be your mentor by <u>December 31!</u>
At your first meeting, give them a booklet and keep one for yourself. |
| Module 2 | Research your own baptism and bring mementos. |
| The End | Students return only their own completed mentor booklets to the pastors
– by <u>April 30!</u> |



Module 1

Getting to Know You

Mentor's Full Name: _____ Phone #'s: _____

E-mail address: _____

Student's Full Name: _____ Phone #'s: _____

E-mail address: _____

1. Mentor and Student meet in an informal setting.

*Decide to go out to eat together, meet at one or the other person's house, or choose some other informal setting that is conducive to conversation. You might want to enjoy some activity together (like a sporting event or concert) as a way to start this time.

2. Find out something about each other's background. Take some notes to help you remember.

*Where were you born? Who is in your family? What was it like growing up?

*What are some of your best memories? How about some of your sad memories?

*What is/was school like for you?

*What is one thing you really like about your life today?

*What is/will work be like for you? What are your hopes for the future about your work life?

3. Find out something about each other's faith experiences.

*Have you always been a churchgoer? How did you get involved in a church? What is important to you about being a church member?

*What do you find fun/engaging about the church/faith?

4. Talk about your expectations for this confirmation process.

*What do you hope will happen during this time? What are you worried about regarding this process? Are you excited or nervous?

5. Close your time with each of you saying a short prayer asking God to be with you in this confirmation journey and thanking God for your partner in the process.

(If you feel uncomfortable saying a spontaneous prayer you could pray the following one together.)

Dear God,

We ask that the Holy Spirit would guide and direct our relationship. Help us develop a relationship that is grounded in you. Thank you for this time together. Be with us each day, at school, at play, at home, and at work. Keep us safe until we come together again. Amen.

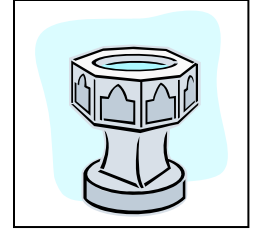
Reflections



This is your diary page. We have included one at the end of each module so you can reflect back on the activities of the module and record any important memories, discoveries, insights, or feelings.



Module 2



Baptism: God's Claim on Us (Our Call to Discipleship)

IMPORTANT: For this Module, both the student and the mentor will need to do some research before hand. Bring pictures of your baptism. Find out who was present: parents, godparents, grandparents, siblings, aunts and uncles, etc. Where was the baptism held? Do you still have the candle, towel, and certificate presented to you? Did your family celebrate afterwards?

1. Tell your story about your baptism... (Refer to above instructions)

2. Have you seen other baptisms? What happens at a baptism? (Refer to page 227 in the ELW [Evangelical Lutheran Worship Hymnal] for more insight.)

3. The Sacrament of Holy Baptism (From “The Small Catechism” by Martin Luther)- Read together...

What is Baptism?

Baptism is not water only, but it is water used together with God’s Word and by his command.

What is the Word?

In Matthew 28 our Lord Jesus Christ says, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.”

What benefits does God give in baptism?

In Baptism God forgives sin, delivers from death and the devil, and gives everlasting salvation to all who believe what he has promised.

What is God’s promise?

In Mark 16 our Lord Jesus Christ says, “He who believes and is baptized will be saved; but he who does not believe will be condemned.”

How can water do such great things?

It is not water that does these things, but God’s Word with the water and our trust in this Word. Water by itself is only water, but with the Word of God, it is life-giving water, which by grace gives the new birth through the Holy Spirit. St. Paul writes in Titus 3, “He saved us...in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit, which he poured out upon us richly through Jesus Christ our Savior, so that we might be justified by his grace and become heirs in hope of eternal life. The saying is sure.”

What does Baptism mean for daily living?

It means that our sinful self, with all its evil deeds and desires, should be drowned through daily repentance; and that day after day a new self should arise to live with God in righteousness and purity forever. St. Paul writes in Romans 6, “We were buried therefore with him by Baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.”

*What gifts are we given in baptism?

*What calling are we given in baptism?

4. Close your time with each of you saying a short prayer asking God to be with you in this confirmation journey and thanking God for your partner in the process.

(If you feel uncomfortable saying a spontaneous prayer you could pray the following one together.)

Dear God,

We ask that the Holy Spirit would continue to guide and direct our relationship. Thank you for the memories that we shared today. Thank you for making us your children. Help us to share your word and your love with all we meet. In your loving name we pray, Amen.

Reflections



The End

Congratulations on completing this mentor booklet for the 7th grade year! Thank you to both of you for your time and energy in beginning this very important relationship. Be sure to thank each other for the time you had together, and for the ways each of you were gifted by the other's presence in your life.

Your final task (students only) is to return only your mentor booklet to the pastors at the church by April 30. Please remember to put your name on the cover.

