

You Are My Disciples

A Guided Journey for Confirmands and Mentors

8th Grade Year

Name: _____

Bethel Lutheran Church
July 2008

Table of Contents

Module 1	Worship: The Body of Christ Gathers Under God's Grace	p. 3
Module 2	Daily Living: Life in the Trenches as a Disciple	p. 6
The End	Thank you	p.

Expectations of Mentors

- *Attend future mentor meetings at the church (beginning of school year-3 Mentor events during 9th grade year)
- *Meet with student at least 3 times during their 8th grade year to complete the 2 modules.
- *Be the adult in the relationship – if you have not heard from the student, check in with them.
- *Realize that the student has picked you as an important, trusted and admired Christian adult. Please, take that seriously. If you can, attend their extra-curricular events at school, write them a letter or postcard to encourage them (8th grade is not an easy time), take them out for ice cream, pray for them, etc.

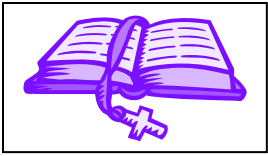
Expectations of Students

- *Attend future mentor meetings at the church (beginning of school year-3 Mentor events during 9th grade year)
- *Meet with your mentor at least 3 times during your 8th grade year to complete the 2 modules.
- *Call to set up the 3 times to meet.
- *Realize that your mentor may be unsure how to be comfortable with a Jr. High youth. Greet them when you see them, smile and wave. Keep your mentor in your prayers. Pray for them.
- * Return your completed mentor booklets to the pastors – by April 30.

Projects to be thinking about...

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| The Beginning | Get acquainted with one another again. |
| Module 1 | Attend two worship services together (one communion service). |
| Module 2 | Attend a regular meeting of the Planning Council (1st Tuesday of each month). |
| The End | Students return their completed mentor booklets to the pastors – by <u>April 30!</u> |

Module 1



Worship: The Body of Christ Gathers Under God's Grace



1. Attend two worship services together (at least one communion service.)

*Discuss your impressions, thoughts and questions about what was said and done.

*What was the theme/message of each service?

*In what ways does worship affect your day-to-day life? Your relationship with Jesus?

2. Below are the major components of our worship services. Using a Sunday bulletin, identify what takes place within each component.

*Gathering:

*Word:

*Meal:

*Sending:

3. Study the sanctuary of your church. Identify as many Christian symbols as you can and discuss what significance they hold in the worship life of the congregation.

4. Below are the seasons of the church year. Discuss what we remember and emphasize during each season.

*Advent

*Christmas

*Epiphany

*Lent

*Easter

*Pentecost

5. Close your time with each of you saying a short prayer asking God to be with you in this confirmation journey and thanking God for your partner in the process.

Reflections



This is your diary page. We have included one at the end of each module so you can reflect back on the activities of the module and record any important memories, discoveries, insights, or feelings.

Module 2



Daily Living: Life in the Trenches as a Disciple



1. Spiritual Living

*Share with each other how and when you normally pray.

*How might daily prayer affect your attitude toward the events of the day? Is it difficult to maintain the practice of daily prayer? If so, why?

*Decide together on a time each day when both of you can set aside a few minutes for prayer. When you are together, discuss how it feels to pray. What might make it easier or more comfortable?

2. Service

*Read Matthew 25:31-46. What do you think Jesus was saying in these verses?

*Make a list of ways Jesus ministered to people.

*Make a list of at least three ways your church ministers to its own members.

*Make a list of at least three ways your church ministers to those outside of its immediate membership.

*Make a list of ways that you minister to others already. Then add some ideas for new ways you could minister to people.

3. Membership in the body: Church membership.

***Read Ephesians 4:1-6.** What is it that we share as Christians in this congregation? What gifts has Christ given to us as we join together?

*The Church often calls itself “the body of Christ.” What part of the body are you?

*Why do people join a church? What are the good things about being a church member?

*How might you become a more active part of the body?

*Discuss how you would respond to a person making this statement: “I think somebody can be a good Christian without being a part of the church.”

***Attend a regular meeting of the Planning Council (1st Tuesday of each month). Discuss what you experience there, your impressions, thoughts, and questions.**

4. Close your time with each of you saying a short prayer asking God to be with you in this confirmation journey and thanking God for your partner in the process.

Reflections



The End

Congratulations on completing this mentor booklet for the 8th grade year! Thank you to both of you for your time and energy in beginning this very important relationship. Be sure to thank each other for the time you had together, and for the ways each of you were gifted by the other's presence in your life.

Your final task (students only) is to return your mentor book to the pastors at the church by April 30. Please remember to put your name on the cover.

